

COORDINATOR

Coach Middleton held the Illinois High School Class A from record in the discus throw of 184'3" from 1999 - 2007. After high school he went on to throw for Murray State University, a Division I college in Kentucky from 1999 - 2004. In college, Middleton placed numerous times in the OVC conference meet in all five throwing events. Coach Middleton has coached for fifteen years in Kentucky and Montana has and helped produce over 90 top six place finishes at state meets.

He has been awarded the Assistant to the Head Coach of the year award eleven times by the MHSAA. He was the key speaker on the throws events during the 2010 Montana Coaches Clinic. He has coached twelve state champions in the shot, discus, and javelin since 2008 in Corvallis.

Coach Middleton is also the discus coordinator at the Iron Wood Throws Camp, which is the largest throwing camp in the nation.

Middleton currently competes in Highland game events throughout the country. He placed fourth at the Lightweight World Championships in 2014 and third at the Lightweight World Championships in 2016.

COACHING STAFF

PAUL MIDDLETON (Volunteer Coach)

ALAN CRESS (University of Providence-Great Falls)

CHRIS JESSOP (Hamilton High School)

More to be included

Previous State Champions who attended the Throws Camp

| | |
|--------------------|-------------------|
| Daniel Jones | Columbia Falls |
| Tucker Yates | Colstrip |
| Caily Schroeder | CMR |
| Calla Haldorson | Corvallis |
| Jesse Sims | Corvallis |
| Courtney Albright | Corvallis |
| Dalton Sybrant | Corvallis |
| Branden Butt | Corvallis |
| Austin Atkins | Corvallis |
| Austin Forson | Deer Lodge |
| Brandon Forson | Deer Lodge |
| David Phillips | Deer Lodge |
| Ariel Clark | Deer Lodge |
| Bryan Slingsby | Florence |
| Adeline Richardson | Frenchtown |
| Hailey Poole | Huntley Project |
| Carlee Smith | Manhattan |
| Anna Pershouse | Missoula Sentinel |
| Brian Maus | Missoula Sentinel |
| Alan Skogen | Ronan |
| Amy Ostermiller | Shepherd |

Previous State Placers who attended the Throws Camp

| | |
|----------------------|-------------------|
| Ross Coleman | Bigfork |
| Chance Wessel | Bozeman |
| Jake Dennenhy | Butte |
| Weston Wagner | Columbus |
| Jane Booth | Corvallis |
| Brookelyn Palin | Corvallis |
| Jayce Gilder | Corvallis |
| Chris Jessop | Corvallis |
| Matt Smith | Corvallis |
| Paige Lennis | Corvallis |
| Jimmy Henderson | Corvallis |
| Carli Jessop | Corvallis |
| Courtney Albright | Corvallis |
| Michaela Wood | Corvallis |
| Seth Henderson | Corvallis |
| Jessica Lewis | Corvallis |
| Skyler Jessop | Corvallis |
| Garrett Brown | Corvallis |
| Brooke Wiltbank | Corvallis |
| Andy Walters | Darby |
| Alye Fjell | Deerlodge |
| Kyle Moore | Dillon |
| Canter Coverdale | Fairfield |
| Jesse Mecham | Frenchtown |
| Averyl LaSalle | Hamilton |
| Megan Kratofil | Hamilton |
| Jaylen Taggart | Hamilton |
| Dillon Spear | Hamilton |
| Jacob Campbell | Hamilton |
| Coltan Pipinich | Helena Capital |
| Michael Smith | Helena Capital |
| David Cross | Hot Springs |
| Sawyer Zimmerman | Libby |
| Madi Arneson | Missoula Sentinel |
| Lauren Emter | Park |
| Trent Thompson | Plains |
| Ethan Harvey | Plains |
| Franky Winnebrenner | Plains |
| Riley Linsted | Sentinel |
| Brady Ostermiller | Shepherd |
| Brock Cantrell-Field | St. Regis |
| Cody Hanson | Three Forks |
| Payton Tillotson | Victor |

14th Annual

Blue Devil Throws Camp

CORVALLIS, MT

Thursday

June 21, 2018

9:00am - 5:00pm

TO REGISTER CONTACT:

Garrett Middleton

(406) 381-0370 or

middletonfabrication@gmail.com

<https://sites.google.com/site/corvallisthrowscamp/home>

Cash or Check accepted.

Please make checks payable to

Garrett Middleton

MAIL REGISTRATION FORM & PARENTAL RELEASE FORM

To

353 Sweathouse Cr Rd

Victor, MT 59875

**SPACE IS LIMITED
CALL, TEXT, or EMAIL
TO SIGN UP!**

OVERVIEW

INFORMATION

This is the fourteenth year of the annual Blue Devil Throws Camp. The throws camp is a one-day camp focusing on the rotational shot put, glide shot put, and discus throw. The camp will include a “learn by doing format.” There is an average of one coach per five throwers. There will be sessions of technique discussion, throwing, and video. The first half of the day will be spent on the discus and the second half will focus on the rotational & glide shot put. At the end of the day, weight lifting programs, NCAA / NAIA compliance, and college recruiting tips will be discussed

Register soon to reserve your spot!!!

Like us on Facebook

<https://www.facebook.com/corvallisthrows>

Link to registration and parental release form are also found on Facebook

WHEN: Thursday, June 21, 2018
TIME: 9:00am - 5:00pm
WHERE: Corvallis High School. Park by cafeteria on East Side Highway. Follow signs upstairs to mini theater
COST: \$50 per camper. (Discus & Shot Put)
 Discus Only: \$30 Shot Only \$30
 Includes Throws Camp T-shirt
 Coaches free with camper
WHO: 7th Grade & up
TIME SCHEDULE:
 8:45am Check In
 9:00am Overview - Video
 9:15 - 9:45 Discus presentation
 10:00 - 12:30 Discus throwing
 12:30 - 1:00 Lunch
 1:00 - 1:30 Shot put presentation
 1:30 - 3:45 Shot put throwing
 3:45 - 4:00 Lifting programs
 4:00 - 5:00 NCAA/NAIA Compliance Recruiting Tips Question & Answer

WHAT TO BRING:

2 - 4 Discuses & 1 Shot Put, Throwing Shoes
 Implements are available

OTHER HELPFUL ITEMS:

Tennis Shoes, Towel, Athletic Tape, Notebook & Pen, and Sack Lunch. Dress for the weather.

LUNCH & BREAKFAST

Bring a sack lunch, or there is a deli close by

Registration Form - Shot & Discus
 Checks payable to Garrett Middleton
 Mail to: 353 Sweathouse Cr. Rd. Victor, MT 59875

Name: _____
 Year in School (2018-19): _____
 School: _____
 Phone Number: _____
 Email: _____
 T-Shirt size: Small Medium Large
 XL XXL 3XL

Circle event(s) you will attend: DISCUS SHOT

I understand that there are certain risks associated with throwing the shot put and discus. I hereby authorize my child's participation in the Blue Devil Throws camp. I know of no physical, mental, emotional, or behavioral problems which may affect my child's ability to safely participate. I understand that my child must have current and active medical insurance before he/she may attend camp and hereby confirm that he/she does. Neither I nor my child will hold the Blue Devil Throws Camp, Garrett Middleton nor their volunteers for any injuries/illnesses or expenses relation to injuries/illnesses sustained while my son/daughter is at camp. I understand that Garrett Middleton, CHS, or the Blue Devil Throws camp provides no medical or accident insurance for treatment of injury. I assume all financial responsibility for any injuries or illnesses that might be sustained while attending the Blue Devil Throws Camp. I also agree that pictures & video may be posted on the internet.

Parent or Legal Guardian's signature:

_____date: _____

Athlete signature:

_____date: _____

Emergency Contact / Medical Information

Name: _____

Relationship: _____

Number: _____

Insurance Provider: _____

Policy/Group/ID # _____

Current/Past Injuries we need to be aware of:

Attach paperwork if necessary