

HAMILTON PHYSICAL THERAPY

BITTERROOT SPEED AND AGILITY CAMP

Our SPEED and AGILITY camp is a progressive program targeting the development of fundamental motor abilities. It enhances the capability of athletes to be more skillful at faster speeds and perform with greater precision. Athletes will be challenged to improve core strength and stability, balance, flexibility, speed and power. Our goal is to improve each athlete's coordination and motor skill function as well as increase his or her speed, agility, jump capability and overall athleticism. This camp has been developed by Board Certified Sports and Orthopedic Physical Therapists, Certified Strength and Conditioning Specialists, and Athletic Trainers. Sign Up forms will be accepted until May 25th, 2018 at Hamilton Physical Therapy, 336 Fairgrounds Road Hamilton, or mailed to HPT, 336 Fairgrounds Rd., Hamilton, MT 59840. Please call 406.375.0980 if you have questions.

When: June 26-August 2, 2018 (12 sessions)

Sessions will be held on Tuesdays and Thursdays from 8:00am to 9:30am

Where: Corvallis High School Track

Fee: \$100 fee payable to Corvallis Physical Therapy

Please ensure your child brings water, tennis shoes and cleats (if desired) to each session.

Changes in venue/times/cancellations due to weather will be updated via email or text.

Money is non-refundable

Name: _____ Grade: _____

Address: _____ City: _____ State: _____

Best Phone/Text Contact: _____ Email: _____

I am fully aware of the special dangers and risks inherent in the activity, including physical injury, death, or other consequences that may arise or result directly or indirectly from the activity. Being fully informed as to these risks and in consideration of the privilege or participating in the above-described activity, I hereby assume all risk of injury, damage and liability and waive any right of recovery from or to bring suit against Corvallis Physical Therapy for any injury, death, or other consequences arising out of my voluntary participation in the activity, except for the sole negligence of Corvallis Physical Therapy. I hereby release, indemnify, and hold harmless Corvallis Physical Therapy, P.C., and its owners, members, agents, employees, volunteers, and assigns (the "Released Parties") from and against any and all liability, damages, actions, claims, losses and/or expenses (including attorneys' fees) arising in connection with or based on injury to or death of any person, arising from the participant's participation in the activities. I hereby covenant and agree that my heirs, my successors, assigns and I will not make any claim or institute any suit or action against the Released Parties.

I certify that I am the parent or legal guardian of the participant named above: that I have read and understood the foregoing release: and that I join in the release without reservation, granting full consent and authorization for the above-named person to participate in the activity. The Corvallis school district does not sponsor this event and the District assumes no responsibility for it. In consideration of the privilege to distribute materials, the school district shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.

Parent/Guardian Printed Name

Parent/Guardian Signature

Date

Date Pd _____

Chk# _____ Cash _____